

Rx for Saving

Here are tips for members with one of our employer-sponsored, self-funded major medical benefit plan designs:



Small Business Benefits



Go generic when possible.

Generic drugs typically cost less than their brand-name counterparts. Many members already use generics. Keep up the good work!



Talk to your doctor about a less-costly alternative.

Ask if a lower-cost drug in the same drug class would treat your medical issue.



Take your medication as prescribed.

Non-adherence may not provide adequate treatment and could lead to complications or other medical issues.



Save on your long-term medicines¹ with 90-day supplies.²

Ask your doctor for a 90-day prescription and have it filled at any CVS pharmacy or with CVS Caremark Mail Service Pharmacy, for the same low price.

Manage Your Rx Benefits

Register today at [Caremark.com/Start](https://www.caremark.com/Start) or download the CVS Caremark mobile app to:

- Check Drug Cost and Coverage
- Get Started with Delivery by Mail Order
- Refill Prescriptions
- Manage Your Profile
- Locate a Pharmacy

To learn more about cost-savings, log in at [TrustmarkSB.com](https://www.TrustmarkSB.com) > Health and Wellness > Ways to Save.

¹A long-term medication is taken regularly for chronic conditions or long-term therapy to treat conditions such as high blood pressure, asthma, diabetes or high cholesterol.

²Actual quantity may vary depending on your plan.

Trustmark® and Trustmark Small Business Benefits® are trademarks of Trustmark Insurance Company.

Trustmark Small Business Benefits®

Plan design availability and/or coverage may vary by state. Self-funded plans are administered by Star Marketing & Administration, Inc., and stop-loss insurance coverage is provided by Trustmark Life Insurance Company.

400 Field Drive
Lake Forest, IL 60045
[TrustmarkSB.com](https://www.TrustmarkSB.com)


Trustmark[®]
benefits beyond benefits