## **Functional Capacity Assessments**

RELATIONS EMPLOYER



At Bayshore Medical Center and East Houston Regional Medical Center we understand that worker's compensation claims, particularly back injuries, impact not only the State Worker's Compensation System, but can also cripple a company by increasing insurance costs, adding to lost days, and stretching thin those workers onsite - resulting in even higher risk for injury. That is why we take pride in providing Functional Capacity Assessments (FCA).

Our Functional Capacity Assessment System provides legally defensible and objective outcomes through the use of a standardized and dynamic measuring tool. Components of the system are:

- Job Placement Assessment
- Return-to-Work Assessment
- Healthy Worker Audit

## Why do employers utilize the FCA's?

Using FCA's to predict risk of injury can:

- Decrease lost time related to injuries
- Decrease absences from work
- Decrease direct and indirect costs
- Decrease premium costs
- Decrease litigation exposure

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HCA Affiliated Hospitals

Bayshore Medical Center 4000 Spencer Highway Pasadena, TX 77504 713-359-2000 BayshoreMedical.com East Houston Regional Medical Center 13111 East Freeway Houston, TX 77015 713-393-2000 EastHoustonRMC.com



While most pre-hire job physicals measure joints, musculature, and extremities, the Job Placement Assessment is a measure of work related activities, movements, and responses.

## How else can employers utilize the FCA System?

When an injured employee is released by a physician the Return-to-Work Assessment determines the injured person's ability to perform work tasks required on the job. Since work utilizes not just the injured body part, the assessment measures whole body movements, and provides statistically based data on over 27 independent work performance measurements.

Bayshore Medical Center and East Houston Regional Medical Center both have Therapists that are certified in conducting Functional Capacity Assessments.



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For more information or to set-up a company protocol, please contact:

Jordan Ogletree, MBA Employer Relations Specialist Office: 713-393-2109 Cell: 281-683-9151 Jordan.Ogletree@hcahealthcare.com

