

Workforce Wellness Program



Bayshore Medical Center and East Houston Regional Medical Center are committed to providing employers in our community with excellent care and personal services every time you or your employees have to visit our hospitals. We understand how important it is for employers to have healthy and productive employees. In conjunction with providing excellent care for emergency injuries, we also provide preventative services to improve the safety and wellness of your employees. We are able to provide you the best quality care through our Workforce Wellness Program, which has a long tradition of partnering with businesses throughout East and Southeast Harris County.

Our Workforce Wellness Program offers two programs: the Standard Health and Wellness Program and the Advanced Health and Wellness Program.

For more information, contact:

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HCA Affiliated Hospitals

Bayshore Medical Center
4000 Spencer Highway
Pasadena, TX 77504
713-359-2000
BayshoreMedical.com

East Houston Regional Medical Center
13111 East Freeway
Houston, TX 77015
713-393-2000
EastHoustonRMC.com

The Standard Health and Wellness Program is sponsored by the hospital and provides the following services:

- Personal Health Questionnaires
- On-Site Biometric Screenings including: Height, Weight, Blood Pressure, Body Fat %, BMI, Grip Strength, and Bone Density Screenings
- Employer group health reports highlighting the assessed health risks of your employee base
- Lunch and Learns, Presentations, and Seminars with our highly credentialed medical professionals
- HR Insight – program that calculates and forecast health care costs associated with the specific health risks of your employee base

The Advanced Health and Wellness Program provides additional services that can be purchased separately from the Standard Health and Wellness Program; such as:

- Lipid Panel Screenings (total cholesterol, ratio, HDL, LDL, Triglycerides, & Glucose)
- Functional Capacity Assessments: Job Placement, Healthy Worker Audit, and Return-to-Work
- Functional Movement Screenings
- Flu Vaccines
- Confidential Personal Health Reports

Online Scheduling and Reports are available.

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